

Supplements on the Rise

There's a reason the dietary supplements industry has grown significantly in the last decade. People are more interested in leading healthy lives, and nutritional and dietary supplements can certainly help play a part in that.

If you are thinking about taking a dietary supplement, you're not alone. According to the latest statistics from the U.S. Centers for Disease Control and Prevention (CDC), **more than half of American adults** currently use supplements.



Are you concerned about the contents of your supplements, protein shakes/bars, energy drinks, and vitamins?

So are we.

Having the peace of mind that the products that you are taking have been tested to ensure they are free from a list of 180+ athletic banned substances is important. Look for the NSF Certified for Sport® Mark the next time you're purchasing nutritional products.

NSF International is an independent, not-for-profit public health organization that certifies products and writes standards for food, water and consumer goods. NSF has a 65-year history of protecting public health, safety and environment worldwide.

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WHY CHOOSE NSF CERTIFIED FOR SPORT® PRODUCTS?



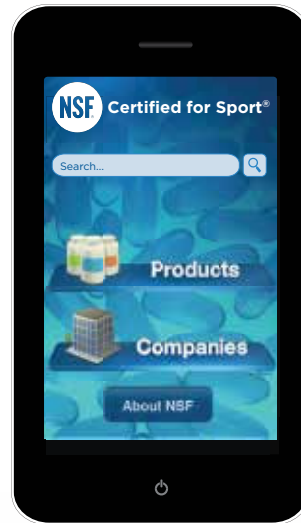
About NSF International's
Certified for Sport® Program



Finding Safer Supplements Easier

Want to find NSF Certified for Sport® products that are free of banned substances and contaminants?

It's simple. The NSF Sport App makes finding safer, certified dietary supplements and sports nutrition products easier.



Given the fast pace at which many dietary supplements enter the marketplace and the many published reports that suggest that some of these products do not actually contain the ingredients or quantities shown on the product's label, consumers today have cause to be concerned. With such a confusing array of information out there, how can consumers determine which manufacturers' products are credible?

That's why NSF became involved in developing the nation's first truly independent testing standard and product certification program strictly for dietary supplements.

NSF's Certified for Sport® Program helps athletes make more informed decisions when choosing sports supplements. The program is recognized by MLB, MLBPA, NFL, NFLPA, NHL, PGA, LPGA, and CCES.

Just look for the NSF Mark.



NSF International's Certified for Sport® Program

There are numerous quality components of the NSF Dietary Supplements Certified for Sport® Program:

- Confirm that products do not contain any of 180+ substances banned by major athletic organizations.
- Verify that the contents of the supplement actually match what is printed on the label
- Verify that there are no unsafe levels of contaminants in the tested products
- Verify that the product is manufactured at a facility audited by NSF for quality and safety.

Consumer Benefits

If you use a dietary supplement certified by NSF International's Certified for Sport® Program, you can be confident that its contents are being regularly checked by one of the most respected certifiers in the world.

With so many choices on the market, it pays to be cautious. Do your research and look for the NSF Certified for Sport® mark on products.

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For additional information, visit www.nsf.org or contact the NSF Consumer Affairs Office at info@nsf.org.

A list of NSF Certified for Sport® products is available online at www.nsf sport.com.